Week 9

- Harmony Day – P and F Cake Stal. A day where as a school we will be celebrating cultural diversity
- Easter Chapel at St Martins. The school community is invited to join us for our chapel at St Martins Ulladulla from 11:30am

Week 10

- Achievement Assembly. Student performances and the presentation of Gold and Principal’s Awards

Week 11

- 7:00 to 8:30, SAS P and F Meeting. All welcome
- Life Education Visit - Healthy Harold and the team from Life Education will visit the Junior School to share their healthy messages
- P and F Uniform Exchange

Cover Photo:
Milton Show
See page 8

“Disaster:
Whilst the information is considered to be true and correct at the date of publication, circumstances may impact on the accuracy. Please consult the Parent Portal or School website for any updates or changes to dates.

Whole School 3
Junior School 8
PreSchool 12
Community 12

I encourage you, if you are able, to switch off the lights, just for one hour, enjoy your children’s company and reconnect with nature.

“My mother always told me that as you go through life, no matter what you do, or how you do it, you leave a little footprint, and that’s your legacy.” Jan Brewer

Tomorrow is Earth Hour. Earth Hour is an Australian initiative launched in Sydney in 2007 when 2.2 million people turned their lights off for one hour. Just one year later, Earth Hour became a global phenomenon with over 35 countries participating and an estimated 100 million people.

The symbolic hour has grown into the world’s largest grassroots movement for the environment. Earth Hour is a great home-grown success story: an Aussie campaign designed to draw attention to tackling global warming and get people talking about what we can do to help.

Alas I must admit that I have not been camping recently but I fondly remember sitting around campfires talking with friends or playing cards by lanterns, disconnected from the conveniences of modern life. Perhaps it is the connection with the outdoors that we crave, not just the switching off of lights for one hour to conserve energy.

Tomorrow evening millions of Australians will take part in Earth Hour from 8:30-9:30pm to show they support a low pollution, clean energy future, one in which we can continue to enjoy the best of nature and our great Aussie outdoor lifestyle.

I encourage you, if you are able, to switch off the lights, just for one hour, enjoy your children’s company and reconnect with nature by heading outdoors to celebrate the places you love – whether it be a gathering or dinner in a community garden, national park, beach, river or your own backyard and enjoy God’s creation.

Lorae Sampson
Fear Not!

What do you fear?

At SAS I have come across students who fear wild and weird things from spiders, wasps, snakes, blood, heights, loud noise, Mrs Wade and the list goes on.

We all fear something. When I was 17 years old I nearly drowned whilst surfing. This experience instilled a fear the power of the ocean. Even today I have those terrible feelings come back when I get a long hold down under water.

There are long lists of different phobias people experience in our world. The definition of phobia is, ‘A persistent, abnormal, and irrational fear of a specific thing or situation that compels one to avoid it’.

We all experience fear and we make a good effort to avoid those fears.

The Bible speaks a lot about fearing God. Many explain this fear as having a reverence and respect for God. We often think of God as a fairy godmother, fixing all our problems, our special friend when things are tough and who always loves and serves us. The problem is when we look at God’s character: the everlasting, all powerful, sovereign authority, we cannot treat him this way, we cannot just respect Him, we are compelled to fear Him. This doesn’t sit right with us because we have an aversion to fear. We have a fear of fearing!

Naturally we fear authorities and the power they have over us. With God he is the ultimate authority and when we truly understand who he is and the power he has we must fear Him. We try to hide and cover up any possibility of fear. We hate the feeling. But the Bible says to fear the Lord. This is where we begin in our understanding of God and our relationship with Him.

Incredibly when we fear God he has the most amazing response to us, he says ‘Fear not!’

The Apostle John had an incredible vision of Jesus as the Son of Man. His hair was white as snow, his eyes like blazing fire, his feet like bronze glowing in a furnace, his voice like the sound of rushing water, his tongue a sharp sword and his face like the shining sun! John says, ‘When I saw him, I fell at his feet as though dead’ (Rev 1:17).

To be honest I would have done the same. This image is terrifying. Then Jesus does the incredible, then he placed his right hand on me and said: “Do not be afraid. I am the First and the Last” (Rev 1:17). The same hand who touched the leper, washed his disciples feet and was pierced by nails on the cross touches John. When we come to a point of fear we acknowledge God as He truly is. He is terrifying, fearful, all powerful. But God in his love reaches out to us and says ‘do not fear!’ He embraces us and invites us into a relationship with Him.

We all fear something. Not many people fear God. Perhaps this is because they don’t know Him, or they have been told to just respect Him. Or maybe it is because deep down we know the power of this Great God and do not want to face our fears.

The reality is every knee will bow and tongue confess to this great God (Phil 2:10-11). We have this time now of grace from God to consider who He truly is and our response to Him. So I plead with you to fear God while you have this time and experience God’s embrace, his life and his peace.

‘The fear of the Lord leads to life; then one rests content, untouched by trouble’. Proverbs 19:23

Shane Orchard

South Coast Trades Skills Centre

Year 11 and 12 students engaged in the Trades Skills Centre program have been busy developing their skills and expertise during their classes on Wednesday’s at SAS. Our new signage is up on the buildings and the classes are humming along nicely. The Connect HSC students have begun their regular Friday work placements and we now have students engaging with employers from across the Shoalhaven in Horticulture, Building and Construction, IT and Hospitality work placements.
Welcome to Week 8.
Easter is just around the corner and the school holidays are fast approaching. There are quite a few events to report on or to take note of.

Milton Show:
We participated in the grand parade and enjoyed a walk around the exhibits at the show. Quite a number of our students won prizes for art, cooking, growing produce or horse riding.

Minnamurra Excursion:
Years 3 – 6 had an interesting and informative day at the Minnamurra Rainforest. We learnt about the plants and animals that live in the rainforest, why rainforests are so special and why national parks are so important to look after.

Say No to Bullying Day:
Bullying is an ever present problem in schools and also in the workplace. Cyberbullying is becoming an increasing problem and Mr Knowles has been teaching our students in Stage 2 and 3 how to use the internet wisely and what to do if they are victims of this type of bullying. To help children identify bullying I came across this definition and felt it was worth all students and parents reading it.

Harmony Day:
We are celebrating Harmony Day on Monday 21st. The focus of Harmony Day is on the different cultures that live in Australia and how lucky we are that everyone is accepted. Whilst our little slice of paradise on the south coast is less multicultural than in the cities, it is still a great message for our students that we can live together in harmony even though we are different. Don’t forget that there will be a cake stall (Year 3 & 4 parents providing the goodies) on Monday at school to celebrate the day. Please send in some money for your child to buy a treat.

Blessing of the Fleet:
You should by now have returned the expression of interest note regarding participating in the Marine Rescue float at the Blessing of the Fleet. It would be great to see as many of our students participating in this fabulous event.

ICAS Competitions:
If you wish your child to participate in these tests please ensure the note and money is returned to the office by 8th April (last day of term).

Happy Birthday to the following students who celebrate their birthday in March:
11th: Emmanuel
16th: Benjamin N.
22nd: Annalei
24th: Sophie, Jonah
27th: Chloe

Thought for the Week:
He is not here; he has risen! Remember how he told you, while he was still with you in Galilee:
‘The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again.’ Luke 24: 6 - 7

Alison Wade
Minnamurra Rainforest

Yesterday the 2nd of March Year 3/4 and 5/6 went on an excursion to Minnamurra Rainforest.

When we got there we met Diana our Ranger Guide. We were talking about lots of amazing sights to see in the rainforest. She told us to watch out for interesting plants and animals. We left our bags and started on our walking adventure.

Firstly we saw Epiphytes which is a bird nest fern that can grow on the ground in trees. We walked further and further into the rainforest. We discovered Fungi which is a plant that chops up wooden trees and destroys them. Also we saw Lianas which are very long vines. Then Diana left us on our own to explore the rainforest. We watched out for interesting plants and animals. We left our bags and went bushwalking.

We saw a lyrebird and we got to touch a Strangler Fig. I thought that it felt like crocodile skin. There were wobbly bridges called suspension bridges. The Giant Stinging tree protects little trees from the sun because trees in a rainforest can’t have too much sun.

It was a very long hike to get to the waterfall because there were so many trees and vines to look at as we walked past to get to the waterfall.

It was worth the long walk because at the end there was a gigantic, magnificent, blue waterfall. I loved the Minnamurra rainforest. It was a great excursion.

By Annabelle

Diana took us on a long walk up to the Minnamurra Falls. We took some absolutely amazing photos.

I thought that the excursion was very successful because we got some exercise and it was a fun learning opportunity.

By Chloe K

Minnamurra Rainforest

On the second of March, Years 3/4/5/6 went on a bush walk.

At 8:30am we got on the bus and drove to the Minnamurra rainforest. When we got there, we had recess. Then we went for the walk. Next we went on a bridge and it was rickety. After we got off we went to the Minnamurra Falls.

I like that we saw a lyrebird.

By Jacob

My Recount on our Minnamurra Rainforest Excursion

On Wednesday the 2nd of March, all of Stage 2 and 3 took a trip to the Minnamurra Rainforest in the Budderoo National Park. We are learning about National Parks in Australia, so that explains why we went.

We all got on the bus and headed off to Jamberoo. It took two hours to get there by bus! Meanwhile, me and my friends sat at the back of the bus and listened to music and sang along.

We got on the bus and headed off to Jamberoo. It took us two whole hours to get there by bus! Meanwhile, me and my friends sat at the back of the bus and listened to music and sang along.

When we got to the Minnamurra Rainforest, Years 3, 4, 5, and 6 went to the cafeteria area and had a ten minute recess.

Afterwards, Diana our Ranger Guide, took us to the classroom and showed us a slideshow all about National Parks.

We went on the bus up to the rainforest. When we got there we met Diana, our guide. We had recess and some of us saw a water dragon.

After recess we went into the classroom and we were told all about the rainforest.

Then we went on a walk. Halfway along some of us saw a lyrebird. Some of us took pictures and we were told the lyrebirds are able to copy any sound they hear. At the end of the path we saw a waterfall.

We watched it for five minutes and then we walked back to where we had recess and had lunch. After we had lunch we jumped on the bus and went home.

I enjoyed the trip up to the rainforest.

By Harry F.
Our First Visit to Sarah Claydon in 2016

The children were very excited about their visit to Sarah Claydon. For the majority of them it was the very first time they had been involved in this experience. Before departure there was discussion about what was going to happen at Sarah Claydon as well as questions from the children.

As the children headed off on their journey there was lots of chattering to each other. Throughout the short walk there were many opportunities to practice road safety as they waited for lights and crossed the road holding hands.

On arrival our older friends were delighted to see us and greetings and names were exchanged. The children shared photos of themselves playing at GumNut which stimulated discussions about their daily experiences.

The children sang The Hello Song and Mr Clickety Cane. Using their fingers to move to Fabulous Fingers and instruments to accompany Get an Instrument it was very fantastic to watch the older residents joining in with movement and clapping.

All too soon the visit was over and with goodbye hugs and promises to return before too long the children made their way back to GumNut.

Milton Ulladulla JRLFC are taking registrations for the 2016 season in all age groups (U6 to U16).

We are especially looking for girls turning 10 – 16 years in 2016 to join our girls league tag team.

Registration for all grades is $90 which includes registration, insurance, jersey, shorts & socks, players get to keep the full kit at the end of the season.

All registrations are to be completed online at playnrl.com

If you would like more information please phone Sue 4455 5925 or Sharon 0406 977 101.