



16 February 2009

Dear Parents,

SKILLSTREAMING

Mrs. Chel Graham our School Counsellor and an experienced Teacher will be commencing a program of 5 lessons in Kindergarten called Skillstreaming.

Skillstreaming is based on a program by McGinnis & Goldstein (1990) which aims to teach prosocial skills to children. Research has found that social competence of young children is predicative of their academic achievement in their later school years. The program can help children find alternative, more socially appropriate solutions to problems and begin to learn about other people's points of view.

The skills the students will be learning are –

- Asking for help
- Trying when it's hard
- Waiting your turn
- Dealing with teasing and feeling angry
- Wanting to be first


Each skill will be taught through modelling, rehearsal, practise and positive feedback from other children and the teacher when the behaviour is demonstrated.

You can play an important role in the success of the program by practising the skills at home and praising your child when they demonstrate the behaviour. Each week you will be sent home a letter to inform you of "Skill" focus for the week, and a card to place on the refrigerator which outlines the steps to follow.

The lessons are short and fun and to date most students have benefited positively. Please feel free to contact Mrs. Chel Graham at school if you have any questions about the program. She is at school on every second Monday and every Thursday.

Yours sincerely


Mrs Rebecca Mackay
Kindergarten Teacher


Ms Belinda Harding
Kindergarten Teacher


Mrs Denise Mewett
Kindergarten Teacher

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