



2nd February, 2009

Dear Parent / Guardian,

Re: Active After-school Communities Program

Shoalhaven Anglican School has received further funding from the Australian Sports Commission for the Active After-school Communities Program to continue operating at our School. This nation wide program provides primary school-aged children with access to free, structured physical activity programs in the after school timeslot of 3:20 p.m. to 4:30 p.m.

The program is designed to engage traditionally non-active children in structured physical activities and to build pathways with local community organisations, including sporting clubs. However, all students in Stage 2 and 3 (Years 3 – 6) are welcome to be involved in this initiative.

The School sees this program as an excellent opportunity to keep our students engaged in physical activity and to encourage them to develop lifelong healthy habits. The program will run from 3:20 p.m. to 4:30 p.m. on **Mondays and Wednesdays** during School terms. Students will meet for a healthy afternoon tea before commencing the fun filled activity sessions, usually conducted in the School Gymnasium. With the great facilities available to us at our School, the program will operate regardless of weather conditions.

If you are interested in your child being involved in the Active After-school Communities Program, please return the permission form (overleaf) to School via class teachers by **Friday 6th February**. Please note that last year's participants will need to provide new permission forms.

The Active After-School Program will commence on **Monday, 9th February, 2009** (Week 3) with students getting changed into *sports clothes* and then meeting in the canteen area at the end of the School day.

Kind regards,

pp. 

Mr. Tim Knowles
PDHPE Teacher

Ms V Ricketts
Program facilitator

Shoalhaven Anglican School
17 Croobay Road
PO Box 32 Milton NSW 2538
Tel 02 4454 0688
Fax 02 4454 0504
office@sas.nsw.edu.au



**Shoalhaven Anglican School's
Active After-school Communities Program**

I give permission for my son / daughter _____ who is in class _____ to be involved in the Active After-school Communities Program at Shoalhaven Anglican School.

I understand that they will be supervised between 3.20 and 4.30 p.m. on Mondays and Wednesdays and will receive a healthy afternoon tea prior to commencing their activity.

Emergency Contacts: Name: _____

Phone: _____

Name: _____

Phone: _____

Please supply details of any medical conditions that could affect your son / daughter during the activity sessions.

Parent/ Guardian signature: _____

Date: _____