


# Shoalhaven Anglican School Winter Menu

**Lunch orders must be in by recess and hot food only served at lunch time if ordered**

<u>Daily Specials</u>		<u>Hot Food</u>		<u>Snacks</u>		<u>Fresh Food</u>		<u>Drinks</u>	
<p><b><u>Monday</u></b> Pasta Bolognese 2.50</p> <p><b><u>Tuesday</u></b> Home made Macaroni &amp; Cheese 2.50</p> <p><b><u>Wednesday</u></b> Hot Spuds 3.50 (Bacon &amp; Cheese, Sour Cream &amp; Sw Chilli, Savoury Mince, or Baked Beans)</p> <p>Curried chicken &amp; Rice 2.50</p> <p><b><u>Thursday</u></b> Bacon &amp; Egg Roll 3.50 Dinosaur nugget Meal 2.50 (Fried Rice &amp; 3 Dinosaur Nuggets)</p> <p><b><u>Friday</u></b> <b>Chicken Burger</b> 3.50 (Mayo &amp; Lettuce) <b>Chicken Burger with Salad</b> 4.00 <b>Hawaiian Burger</b> 4.00 (Chicken, Lettuce, Pineapple and Cheese) Also Available with Mayo or Sweet Chilli Sauce</p>	<p>Vegie Burger 3.50 Pizza slab 2.00 (Supreme, Margarita &amp; Hawaiian) Pizza Rounda 1.80 Chicken Tenderloins 0.90 (Plain or Sw/chilli) Meat Pie 2.60 Potato Pie 3.00 Cruizer Meat Pie 3.00 Party Pies 0.90 Mini Sausage Rolls 0.90 Sausage Roll 1.80 Torpedos 1.80 Garlic Bread 0.60 Dinosaur Nuggets 0.40 CLT (Chicken Tenderloin, Lettuce, Tomato &amp; Mayo) 3.00 SwT chilli sauce available 1.50 Soup of the Day with Bread Roll 2.00 Lasagne 2.50 Vegetable Lasagne 2.50 Macaroni Cheese 2.50 Spinach &amp; Feta Pasties 2.30 Spinach &amp; Ricotta sausage roll 2.00</p>	<p>Choc chip muffin 1.20 Mini Choc chip muffin 0.20 Banana Bread 1.00 Red Rock chips (Honey Soy or Sea Salt) 1.00 Eucalyptus Balls 0.50 Butter Menthols 0.50 Pretzels 0.60 Jumpys(Chicken, S&amp;V, BBQ) 0.75 Megabite cookies 0.80 Popcorn 0.20 Licorice 0.10 Fresh fruit 0.50 Honey Oat Bar 2.00 Piranha (Gluten Free) 0.80</p>	<p><b><u>Sandwiches</u></b> (Brown or White Bread) <b>Toasted</b> extra 0.30 Vegemite 1.50 Honey 1.50 Cheese 1.50 Egg 2.00 Egg, Lettuce &amp; Mayo 2.50 Chicken 2.50 Ham 2.00 Ham &amp; Cheese 2.50 Tuna &amp; Salad 3.00 Chicken or Ham with salad 3.50 ROLLS Extra 0.50</p> <p><b><u>Extras</u></b> Meat 1.00 Egg, cheese, etc 0.50 Dressing 0.30</p> <p><b><u>Toasted Sandwiches and Jaffles</u></b> Ham, Cheese, Tomato 2.80 Chicken &amp; Cheese 2.50 Baked Beans 2.00 Savoury Mince 2.50</p> <p><b><u>Wrap Bar or Turkish Bread</u></b> Hawaiian 3.50 (ham,cheese,p/apple) <b>Mexican</b> (Chicken cheese salsa lettuce) <b>Chilli</b> Chicken cheese lettuce Sweet chilli <b>Avocado</b> Chicken, Avocado &amp; Cheese <b>Aussie</b> Ham,Cheese&amp; Tomato</p>	<p><b><u>Water</u></b> Lge 1.30 Sml 1.00</p> <p><b><u>Oak milk</u></b> <b>300ml</b> Bottles (low fat) 1.40 Choc, Strawberry <b>375ml</b> Cartons 1.60 Vanilla Malt, Iced Coffee, Strawberry &amp; Chocolate <b>600ml</b> Vanilla Malt, Iced Coffee, Strawberry &amp; Chocolate 2.60</p> <p><b><u>Plain Milk</u></b> Sml 300ml 1.00 Lge 600ml 1.70 Custard 600ml 2.50</p> <p><b><u>Up &amp; Go</u></b> Choc, strawberry and Vanilla Ice 1.50</p> <p><b><u>Quench</u></b> Small only 1.40</p> <p><b><u>Amuse</u></b> Flavoured Water 1.50</p> <p><b><u>Juice</u></b> Orange Apple 1.40 Multi V</p> <p><b><u>So Good Soy</u></b> Choc 1.50</p> <p><b><u>Blizzard Hot Choc</u></b> Over the counter sales only <b>Homemade Gluten Free Bread and Wraps Available</b></p>					
<p><b><u>Frozen Items</u></b></p> <p>Frozen Pineapple 0.30 Paddle Pops 1.20 Moo 1.30 Juice Cup 0.60 Mini Juice Cup 0.20 Icy Bites 0.50 Juicies 0.50 Moosies 1.00 Calypso 0.80</p>	<p><b><u>Scrolls</u></b></p> <p>Cheese &amp; bacon 1.80 Tomato &amp; onion 1.80 Vegemite 1.80</p> <div style="text-align: center;">  </div> <p>Bring an apple in and we will slinky it for you</p>	<p><b><u>Extras</u></b></p> <p>Sauce (Tomato &amp; Bbq) 0.20 Bags 0.10 Spoons, forks 0.05</p>	<p><b><u>Breakfast</u></b></p> <p>Available 8.30 to 9.00 Toast 2 slices 0.50 (honey, vegemite) Raisin toast 2 slices 1.00 Scrolls (heated) 1.80 Hot Chocolate 1.50</p> <p><b><u>Remember Volunteers always welcome even if it's just one day a year</u></b></p>						